



2022-23 ESC - All Conference Honors

Boys Cross Country

Coach of the Year: James Batey, Bush

Sportsmanship Award: Cedar Park

Conference MVP:

Name	School	Place	Grade
Stephen Bleakley-Harris	Northwest	1	12

All Conference Team:

Name	School	Place	Grade
Desmond Stanfield	Northwest	2	11
Amare Fields	Bush	3	12
Keith Hunter	Overlake	4	11
Micah Chi	Cedar Park Chr. (Bothell)	5	12
Josiah Jaquith	Cedar Park Chr. (Bothell)	6	11
Duncan Frisbie-Smith	Bush	7	10
John Kehoe	Overlake	8	11
Dylan Chi	Cedar Park Chr. (Bothell)	9	12
Diego Sotelo	Northwest	10	10
Issac Montanes	Cedar Park Chr. (Bothell)	11	10
Christian Chi	Cedar Park Chr. (Bothell)	12	10
Rowan Jung	South Whidbey	13	9
Camden Crockett	Cedar Park Chr. (Bothell)	14	12
Geoffrey Arone	Bush	15	11
Owen Tarrant	Northwest	16	12
William Reeve	Eastside Prep	17	10
Alesky Umbers	Overlake	18	11
Mateo Whatley	Overlake	19	12
Lincoln Neiswender	Bush	20	10
Carter Castle	South Whidbey	21	11