

Emerald Sound All Conference Cross Country Teams

Coach of the Year: Doug Fulton, South Whidbey

Sportsmanship: Granite Falls

Boys

Runner of the Year

Stephen Bleakley-Harris 10 Northwest

First Team	Year	School
Hiroto Nasu	11	King's
Max Lagunoff	12	University Prep
Thomas Simms	12	South Whidbey
Reilly McVay	12	South Whidbey
Aidan Donnelly	12	South Whidbey
Micah Chi	10	Cedar Park Christian
Amare Fields	10	Bush
Desmond Stanfield	9	Northwest
Merek Weed	11	Northwest
Jaden McCleery-Brown	11	Seattle Academy

Second Team

Andrew Ye	11	University Prep
Aleksy Umbers	9	Overlake
Aidan O'Brien	12	South Whidbey
Brenden Blodgett	11	Cedar Park Christian
William Hartshorn	9	Bear Creek
Henry Buscher	12	University Prep
Lucas Ringer	11	Seattle Academy
Anders Blaine	11	Northwest
Eric Coombs	10	Bush
Mateo Whatley	9	Overlake

Girls

Runner of the Year

Kaia Swegler-Richmond 12 South Whidbey

First Team

Elie Bassett	11	Granite Falls
Naomi Atwood	9	South Whidbey
Campbell Baker	11	King's
Haylie Bleakley-Harris	12	Northwest
Liya Miksovsky	12	Bush
Ruby Shapiro	10	Bush
Grace Echelbarger	11	King's
Isla Chadsey	10	Northwest
Audrey Gmerek	9	South Whidbey
Grace Huffman	12	South Whidbey